



BART & Caltrain Transfer Timetables



WEEKDAY-AM

NORTHBOUND		
Caltrain ARRIVAL Time	BART DEPARTURE Time	Minutes between Arrival and Departure Times
–	5:01 AM	N/A
–	5:10 AM	N/A
–	5:30 AM	N/A
5:35 AM	5:50 AM	0:15
6:01 AM	6:12 AM	0:11
6:23 AM	6:32 AM	0:09
6:36 AM	–	0:16
6:44 AM	6:52 AM	0:08
7:04 AM	7:12 AM	0:08
7:21 AM	7:32 AM	0:11
7:36 AM	–	0:16
7:44 AM	7:52 AM	0:08
8:04 AM	8:12 AM	0:08
8:19 AM	8:32 AM	0:13
8:36 AM	–	0:16
8:44 AM	8:52 AM	0:08
9:04 AM	9:12 AM	0:08
9:19 AM	9:32 AM	0:13
9:37 AM	9:52 AM	0:15
10:04 AM	10:12 AM	0:08
–	10:32 AM	0:28
10:36 AM	10:52 AM	0:16
11:03 AM	11:12 AM	0:09
–	11:32 AM	0:29
11:36 AM	11:52 AM	0:16

SOUTHBOUND		
BART ARRIVAL Time	Caltrain DEPARTURE Time	Minutes between Arrival and Departure Times
–	5:14 AM	N/A
–	5:46 AM	N/A
–	6:02 AM	N/A
6:10 AM	6:23 AM	0:13
–	6:31 AM	0:01
6:30 AM	6:46 AM	0:16
6:50 AM	7:02 AM	0:12
7:10 AM	7:23 AM	0:13
–	7:31 AM	0:01
7:30 AM	7:46 AM	0:16
7:50 AM	8:02 AM	0:12
8:10 AM	8:23 AM	0:13
–	8:31 AM	0:01
8:30 AM	8:46 AM	0:16
8:50 AM	9:02 AM	0:12
9:10 AM	9:32 AM	0:22
9:30 AM	–	0:02
9:50 AM	10:02 AM	0:12
10:10 AM	10:32 AM	0:22
10:30 AM	–	0:02
10:50 AM	11:02 AM	0:12
11:10 AM	11:32 AM	0:22
11:30 AM	–	0:02
11:50 AM	12:02 PM	0:12

WEEKDAY-PM

NORTHBOUND		
Caltrain ARRIVAL Time	BART DEPARTURE Time	Minutes between Arrival and Departure Times
12:03 PM	12:12 PM	0:09
–	12:32 PM	0:29
12:36 PM	12:52 PM	0:16
1:03 PM	1:12 PM	0:09
–	1:32 PM	0:29
1:36 PM	1:52 PM	0:16
2:03 PM	2:12 PM	0:09
–	2:32 PM	0:29
2:36 PM	2:52 PM	0:16
3:03 PM	3:12 PM	0:09
–	3:32 PM	0:29
3:36 PM	3:52 PM	0:16
4:03 PM	4:12 PM	0:09
4:20 PM	4:32 PM	0:12
4:36 PM	–	0:16
4:44 PM	4:52 PM	0:08
5:04 PM	5:12 PM	0:08
5:19 PM	5:32 PM	0:13
5:36 PM	–	0:16
5:46 PM	5:52 PM	0:06
6:04 PM	6:12 PM	0:08
6:19 PM	6:32 PM	0:13
6:36 PM	–	0:16
6:44 PM	6:52 PM	0:08
7:04 PM	7:12 PM	0:08
7:19 PM	7:32 PM	0:13
7:36 PM	7:52 PM	0:16
8:06 PM	8:12 PM	0:06
–	8:32 PM	0:26
8:35 PM	8:52 PM	0:17
9:04 PM	9:20 PM	0:16
9:23 PM	9:40 PM	0:17
9:55 PM	10:00 PM	0:05
–	10:20 PM	0:25
10:24 PM	10:40 PM	0:16
10:55 PM	11:00 PM	0:05
–	11:20 PM	0:25
–	11:40 PM	0:45
11:42 PM	11:52 PM	0:10
12:26 AM	–	N/A

SOUTHBOUND		
BART ARRIVAL Time	Caltrain DEPARTURE Time	Minutes between Arrival and Departure Times
12:10 PM	12:32 PM	0:22
12:30 PM	–	0:02
12:50 PM	1:02 PM	0:12
1:10 PM	1:32 PM	0:22
1:30 PM	–	0:02
1:50 PM	2:02 PM	0:12
2:10 PM	2:32 PM	0:22
2:30 PM	–	0:02
2:50 PM	3:02 PM	0:12
3:10 PM	3:30 PM	0:20
3:30 PM	3:47 PM	0:17
3:50 PM	4:02 PM	0:12
4:10 PM	4:22 PM	0:12
–	4:31 PM	0:01
4:30 PM	4:46 PM	0:16
4:50 PM	5:02 PM	0:12
5:10 PM	5:22 PM	0:12
–	5:31 PM	0:01
5:30 PM	5:46 PM	0:16
5:50 PM	6:02 PM	0:12
6:10 PM	6:22 PM	0:12
–	6:31 PM	0:01
6:30 PM	6:46 PM	0:16
6:50 PM	7:06 PM	0:16
7:10 PM	7:32 PM	0:22
7:30 PM	–	0:02
7:50 PM	8:01 PM	0:11
8:10 PM	8:31 PM	0:21
8:30 PM	8:46 PM	0:16
8:50 PM	–	0:26
9:08 PM	9:16 PM	0:08
9:28 PM	9:39 PM	0:11
9:48 PM	–	0:28
10:08 PM	10:16 PM	0:08
10:28 PM	10:40 PM	0:12
10:48 PM	–	0:22
11:02 PM	11:10 PM	0:08
11:22 PM	–	1:08
11:42 PM	–	0:48
12:02 AM	–	0:26
12:21 AM	12:28 AM	0:07
12:40 AM	–	N/A
1:00 AM	–	N/A
1:20 AM	–	N/A
1:38 AM	–	N/A

BART and Caltrain are working together to provide better transfer connections at Millbrae Station. We've listed the times of all trains and their connection wait times. Yellow highlighted trips offer the most convenient transfer times.

*All times subject to delays and changes.

Shortest wait times between connections

Alternate for missed connection

No connection available

Contact us:
bart.gov or 510-465-2278
caltrain.com or 1-800-660-4287

Effective: January 15, 2024

Weekend transfer timetables are not included because Caltrain has a series of weekend rail service shutdowns impacting transfers at Millbrae Station. Visit Caltrain.com/status for impacts and bus bridge schedule.